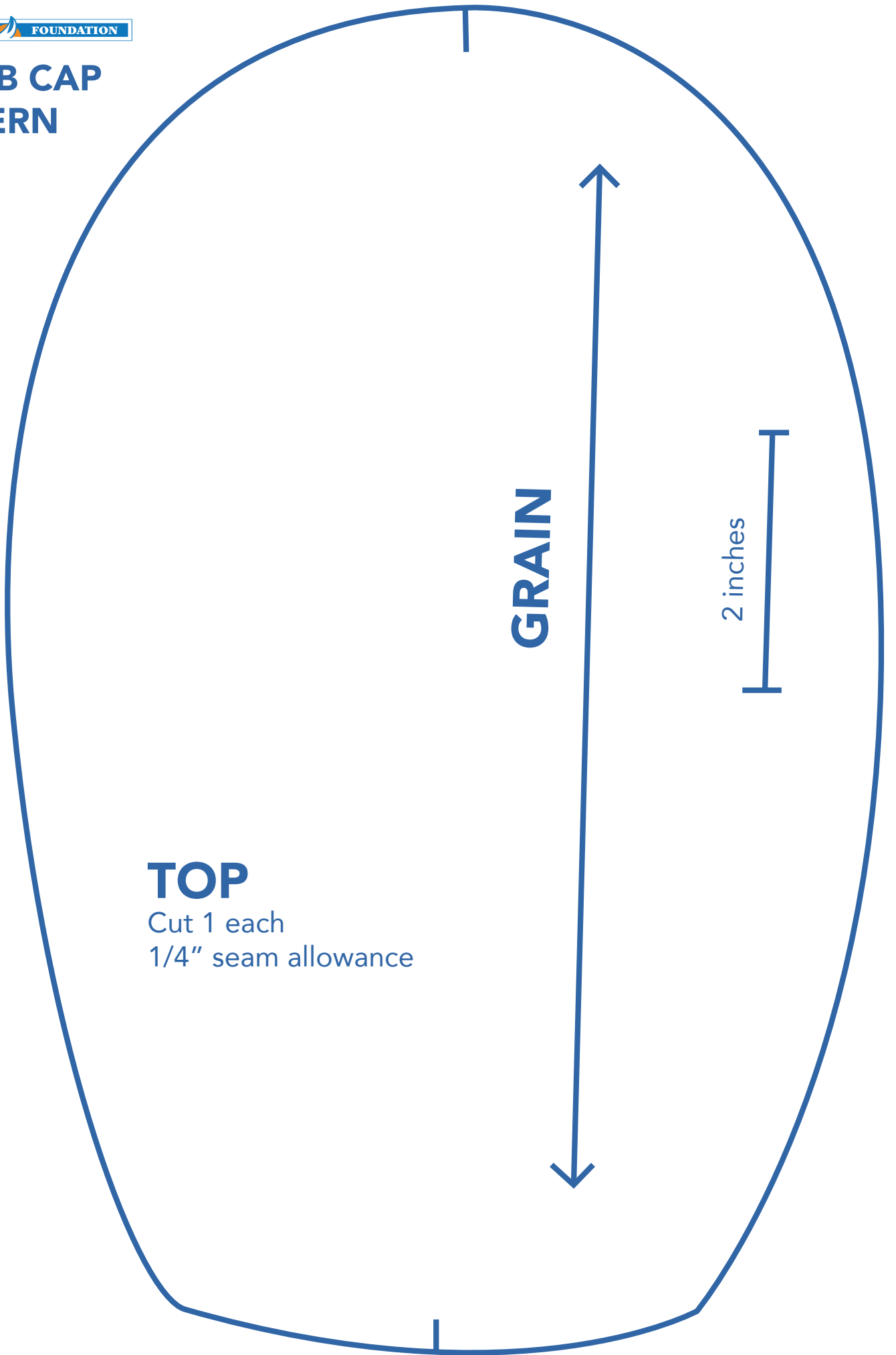


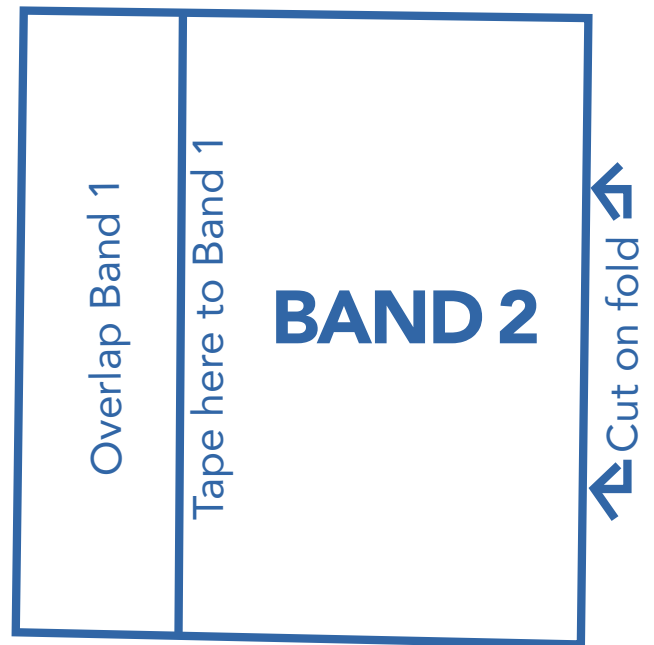
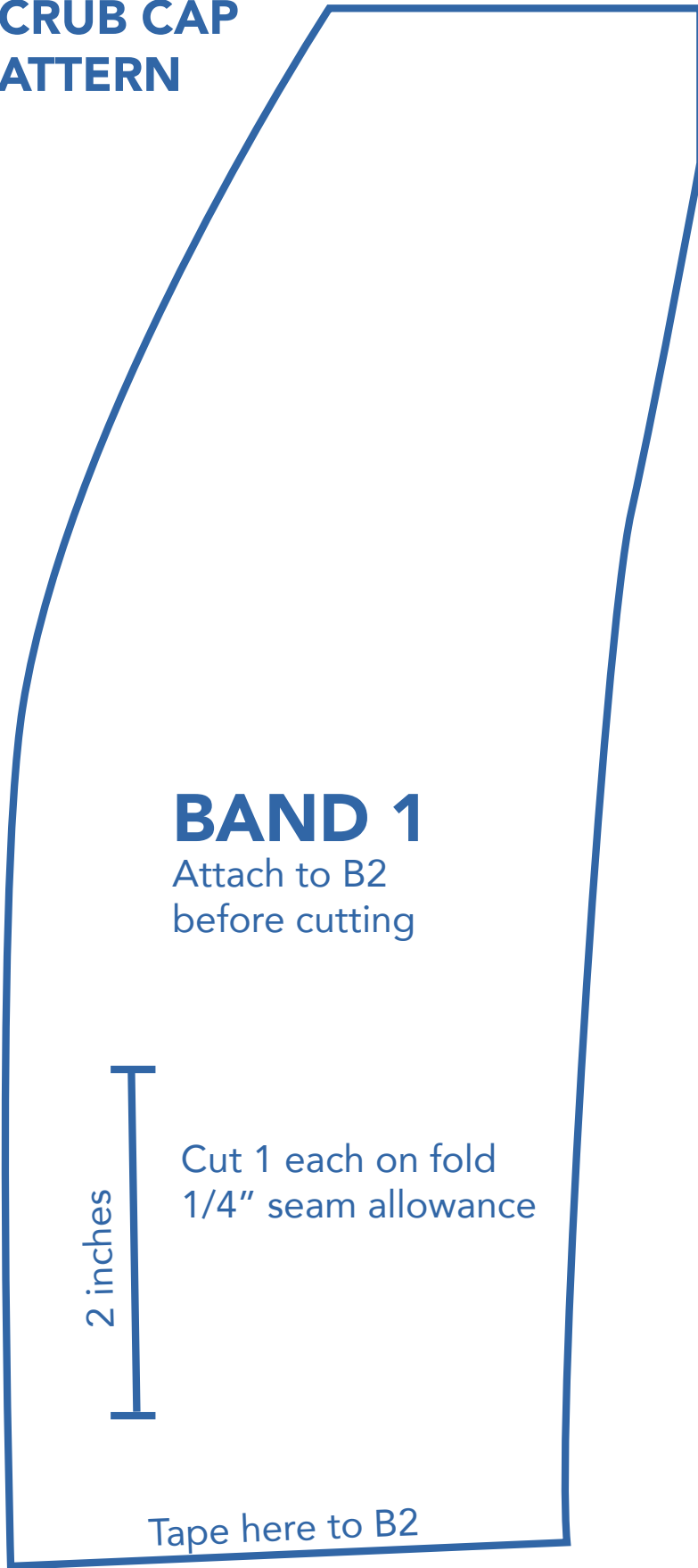
SCRUB CAP PATTERN



TOP

Cut 1 each
1/4" seam allowance

SCRUB CAP PATTERN



YOU WILL NEED:

- The pattern pieces: be sure to assemble the band piece by overlapping the two pieces and taping as indicated on the pattern pieces.
- 2 pieces of coordinating fabric, ½ yard each or a fat quarter will work
- 42 inches bias tape (extra wide or narrow)
- Thread
- Something to use to cut - either shears or rotary cutter
- A sewing machine
- An iron

DIRECTIONS

1. Cut out your pieces. One top piece and one band (cut on the fold) out of each coordinating fabric. If you are using fat quarters, fold in half and cut the band first, then unfold to cut the top. As you are cutting, be sure to notch or mark the center front and back of the top and center front of the band at the upper (curved) edge.
2. Right sides together, match up the center front of the top with the center front of the band and pin.
3. Going around the top, pin the band in place right sides together along the round edge. Sew with a 1/4 inch seam allowance all around the curved edge of the cap. Leave the bottom edge unsewn. Your band should match fairly closely, but as you are matching up curved edges, you may have to ease the top piece slightly into the band. When you stitch this at your machine, be sure that the top is down against the feed dogs as you sew, and hold your work taught as it stitches. This will allow the feed dogs to ease in the top as needed.
4. Press your seam down toward the band.
5. Now repeat steps 3-5 with your other coordinating fabric.

You should have 2 little caps!

6. Fold one wrong side out and the other right side out and nest them right sides together.
7. Pin and stitch the two layers together along the back edge of the cap, matching the center back and the seams.
8. Press the seam open, then nest the two layers **WRONG** sides together, folding at your newly pressed seam. Now Press the seam flat, making sure your fabric isn't rolling to one side or the other.

Now it's starting to look like a cap! You still should have raw edges along the lower border of the cap.

9. Make sure that the raw edges of your cap are aligned and place a pin at center front of the band. Get your bias tape and if you haven't already, cut a 42 inch long piece and fold it in half to determine the center.

10. Matching the center of your tape with your center front pin, wrap the tape around the raw edges of your cap. You want to stick it in as far as you can, aligning the cut edge with the fold inside the tape. Pin the tape in place all around the cap.
11. Start stitching at one end of your bias tape. One side of the bias tape is less wide than the other. This is done intentionally at the factory to make it easier to apply. Be sure you are stitching with the "shorter" side up so that when you get to the cap section, you will be confident you are stitching through all the layers, since the bottom side hangs farther over. Stitch all the way down the edge of your first tie, around your cap and along the edge of the other tie, all the way to the end in one pass.
12. Finish the end of your bias tape ties by either narrowly hemming them, or zigzag stitching across the ends and trimming off any excess.